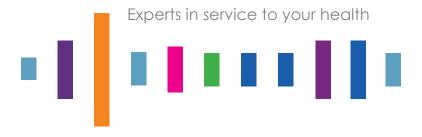
Medical center specialized indiagnosis, health prevention andMedical check-ups

Gnosis Santé



Gnosis Santé : Clinique du Millénaire 220 boulevard Pénélope - 34000 MONTPELLIER

Dr Ruth Nevesny - 06 16 02 71 11

www.gnosis-sante.com



Your

HEALTH AND WELLNESS

is our

PRIORITY

Gnosis Santé : specialists at your disposal

For more than 10 years, "Gnosis santé" has been developing a **complete and personalized** pole for medical CHECK-UPS. These comprehensive health assessments are conducted in a single medical center, in the heart of Montpellier, at the clinic "The Millenaire", the largest private health institution in the city.

Bringing together, in a single site, pluridisciplinary skills, as well as a latest-generation technical platform, GNOSIS SANTE offers you the opportunity to obtain a new **generation** of medical check-ups. The specialists you need will be ready to serve you, so as to customize your medical check-up expericence and help you to become an **active partner** in your healthcare. In short, GNOSIS SANTE will help you to become **the key player in your healthcare**.

« 7 hours, 7 specialists »

Make an appointment

Tél: +33 6 80 31 25 21 - +33 6 16 02 71 11

mail: gnosis.medical@gmail.com

How does it work?

- You will receive a confidential registration form to be completed
- A telephone appointment will allow us to assess your needs in order to plan for your appointment with us
- A proposal for a detailed diagnosis, logistical planning, as well as a quote for our services will be then transmited for your approval
- The cost of the health appraisal is not covered by the French social security system. Patients or their employers will cover the costs related to the medical check-up once the proposed quote is accepted
- As soon as your final agreement is received by our services, the team at Gnosis Sante will get in touch with you directly.

Complete and personalized check-ups

- Excellence
- Confidentiality
- Performance
- Responsiveness
- A single location
- Personalized service on intake
- Individual support especially dedicated to you
- National accreditation
- Coordination

How is the program organized?

- Personal and confidential intake and services
- Our support and guidance throughout your day, your pathway to wellness
- Private transportation and a coordiating assistant who will be at your disposal



Medical check-ups: prevention today for wellness tomorrow

- A day dedictated to your health and characterized by "4P healthcare": **PREVENTION**, **PREDICTION**, **PERSONALIZATION**, **PARTICIPATION**.
- And soon to come "5P healthcare", and thereafter "6P healthcare" with artificial intelligence.
- Optimized processing and coordination of the different medical consultations, always in the same customized manner and never in a systematic way.
- Medical consultations also include time dedicated to health education.
- The outcome of this day will be discussed in pluridisciplinary meetings which will determine :
 - the therapeutic orientation or the medical handling of risk factors,
 - then your Gnosis medical file will be sent back to you with the full report prepared by our specialists along with the medical recommendations to be put into place.

Indeed, coordination is one of our greatest strengths at Gnosis Sante.

It gives real meaning to this health and wellness day, which on average lasts 7 hours.

This coordinated care humanizes your personal approach to "healthcare prevention" and becomes the essential link between the different healthcare professionals, and helps to build, throughout your day with us, your own personal "Health Profile."





The Oc Santé Group

"OC Santé" is the first independent health care Center in Occitanie.

This healthcare group brings together and manages 16 health facilities offering all the following medical specialities:

SURGERY - MATERNITY - MÉDECINE - PSYCHIATRY

HOME HOSPITALIZATION

POST-ACUTE CARE AND REHABILITATION - ACCOMMODATION FOR THE ELDERLY

Since its creation, the Oc Santé Health Group has seen a steady development by integrating the evolution of strict health requirements and by focusing on local care, by listening to patients' needs and by basing its services on the complementarity of the medical establishments, all the while taking into account the specialities of each one.

The patient and the access for all to safe and high quality health care are at the core of a medically ambitious and shared plan to create a competitive health network and to ensure the optimal sharing of medical specialities.

- 16 facilities
- **2 500** employees
- **650** private sector doctors
- **200 000** hospital stays per year
- 1 900 beds
- 6 000 births per year
- **60 000** ER admissions per year





The Millengire Clinic

The clinic is the largest private medical institution in the city of Montpellier, ranked 28th among the best clinics in France by the French magazine "Le Point". It is a medical/surgical clinic whose medical work is centered around several baseline specialities:

- Medical cardiology department, interventional cardiology, cardiac and vascular surgery (among the 15th best clinics in France for cardiology)
- Gastroenterology, digestive and visceral surgery, obesity surgery (the 7th clinic in France) and urological surgery)
- Internal medicine, pneumology and geriatrics
- Emergencies (medical, surgical, cardiac and neurological)

The medical, paramedical, administrative and technical teams provide a pluridisciplinary approach to medical care and offer highly effective latest-generation technical services including:

- 18 surgical rooms including one interventional radiology room and postoperative recovery rooms
- 1 reanimation unit
- 1 cardiology intensive care unit
- 1 continuous monitoring unit
- 1 neurovascular unit
- 1 radiodiagnostics department and medical imagery
- 1 medical biology laboratory
- 1 cardiac ultrasound laboratory
- 1 holter examination platform/cardiac stress test
- 1 scanner department (nuclear medicine)
- A memory assessment service

A latest-generation medical imagery center

- 2 MRI machines of 1.5 Testa (SIEMENS Magneton Aera and General Electric MR450W)
- 2 scanners (GE Revolution CT, large captor 256, GE Optima 540)
- 3 medical vascular rooms (GE)
- 1 digital mammogram machine (Hologic Selenia dimension equipped with tomosynthesis)
- 1 remote-controled room with flat sensors (Primax CLISIS) and another remotecontroled room (Philips) with WIFI sensors (Samsung)
- 2 ultrasound scanners (General Electric Logic S7 and Toshiba Xarion)
- 1 dental radiography machine (dental panoramic and telecranial)
- 1 bone densitometry machine
- 1 room specially dedicated to stereostatic breast biopsies (mammotome)









Hedin dud we like so de like so de like like so de like like so de like like so de like so de like so de like like so de like You are the main, essential actor in your own health Taking care of Yourself is a large factor in longevity These days we are in a position to anticipate our own health and wellness Today we generate our own health Let's give meaning and hope to our own right to health and wellness The manager's loneliness From health to wellness Health is the essential condition in our quality of life Prevention, prediction, protection Our state of health is the first key to our successes Association of the social soci It is in our own self-esteem that we find Today's and tomorrow's health and wellness The key to our successes or follures d door th

7 Health check-up

- 30-40 years old
- Company
- Cardio sport
- Mona Lisa
- Maturity
- Manager
- Senior



Health check-up 30-40 years old

Todays prevention, tomorrows health Health determinants evaluation

Dear sirs,

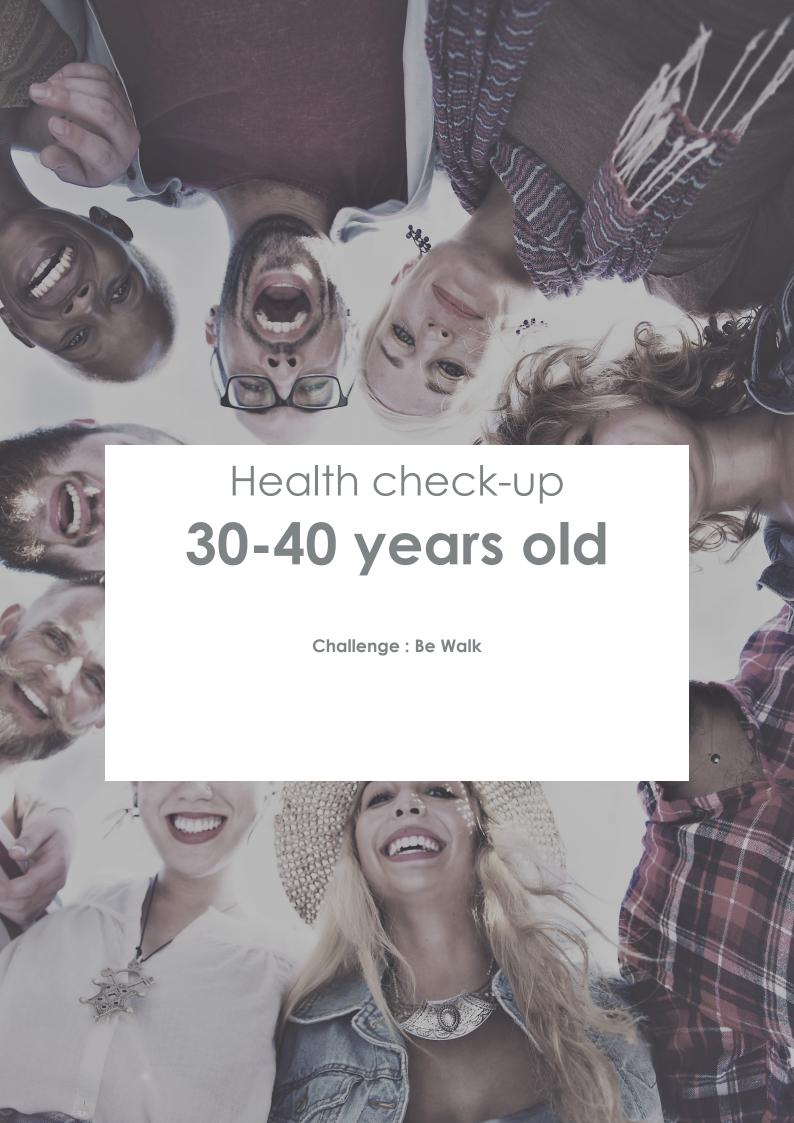
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Welcoming at 8h00 (empty stomach, exception of sugarless tea and coffee). 6 to 7 hours duration.

Being at your disposal for further informations,

Ruth Nevesny, M.D., Chairwoman Gnosis santé





Health check-up

30-40 years old

WELCOME

Clinique du Millénaire - Groupe Oc santé 220 Boulevard Pénélope 34000 Montpellier

BIOLOGY

Thyroid check up Liver fonction Colon cancer screening

LIGHT MEAL

Tea or coffee
Pastry Orange juice
Fruit salad

IMAGERY

Chest CT scan (without contrast)
If necessary
Mass screening and pulmonary nodule
Screening for tobacco-related pathologies
Emphysema
Chronic obstructive pulmonary disease
Intestinal pathology screening
Appreciation of the mediastinum
Abdominal and pelvic ultrasound
Live pathology screening
Pacreas, Ovaries

CARDIOLOGY CONSULTATION

Study of risk factors
Electrocardiogram at rest
Electrocardiography
Assessment of heart values
Evaluation of the ejection fraction
Coronary birth anomaly search
Hypertrophic heart disease research
Dilated aorta search
Stress test
If necessary
According to personnel and family risk factors

PNEUMOLOGIE CONSULTATION

- If smoking
- Respiratory functional exploration

Estimation of smoking in international rating tear pack Management of active smoking if necessary

CASTRO-ENTEROLOGY CONSULTATION

If necessary

OPHTALMOLOGIC EXAMINATION

Eye blood pressure Visual acuity measurement Slit lamp examination Dilated fundus examination

VACCINATION CHECK

RISK FACTOR ASSESSMENT

- Identify
- Evaluate
- Correct

BIOELECTRICAL IMPEDANCE ANALYSIS

Body mass index evaluation

STRESS EVALUATION

- Identify stress factors and quantify their cumulated levels
- Evaluate resistance factors of stress effects

Sleep

Alimentation

Cardiac capacity

Psychology and behavior

Evaluate their impact on health

INTERNAL MEDECINE CONSULTATION

Cardiovascular risk factors evaluation (tobacco, alcohol, physical activity, eating habits)
Sleep evaluation
Lifestyle evaluation
Evaluation of previous examinations

SYNTHESIS

Health check-up Company

Todays prevention, tomorrows health.

Health determinants evaluation.

Dear sirs,

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Health check-up Company

WELCOME

Clinique du Millénaire - Groupe Oc santé 220 Boulevard Pénélope 34000 Montpellier

BIOLOGY

Thyroid check up Liver fonction Colon cancer screening

IMAGERY

Contrast body CT scan

Head
Thorax
Abdominal and pelvic
Bone structure
Cardiac (depending on existing pathology)

Aorta measurement (aneurysm screening)

LIGHT MEAL

Tea or coffee
Pastry Orange juice
Fruit salad

CARDIOLOGY CONSULTATION

Study of risk factors
Electrocardiogram at rest
Electrocardiography
Assessment of heart values
Evaluation of the ejection fraction
Coronary birth anomaly search
Hypertrophic heart disease research
Dilated aorta search

STRESS EVALUATION

- Identify stress factors and quantify their cumulated levels
- Evaluate resistance factors of stress effects

Sleep

Alimentation
Cardiac capacity
Psychology and behavior

• Evaluate their impact on health

PNEUMOLOGYCONSULTATION

- Respiratory functional exploration
- Estimation of smoking in international rating tear pack

GASTRO-ENTEROLOGY CONSULTATION

(if necessary)

OPHTALMOLOGIC EXAMINATION

Eye blood pressure
Visual acuity measurement
Slit lamp examination
Dilated fundus examination
Optical coherence tomography (OCT)

VACCINATION CHECK

RISK FACTOR ASSESSMENT

Identify Evaluate

BIOELECTRICAL IMPEDANCE ANALYSIS

• Body mass index evaluation

INTERNAL MEDECINE CONSULTATION

Cardiovascular risk factors evaluation (tobacco, alcohol, physical activity, eating habits)
Sleep evaluation
Lifestyle evaluation
Evaluation of previous examinations

SYNTHESIS

Health ckeck-up Cardio Sport

Todays prevention, tomorrows health Health determinants evaluation

Dear sirs,

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Health check-up Cardio sport

WELCOME

Clinique du Millénaire - Groupe Oc santé 220 Boulevard Pénélope 34000 Montpellier

BIOLOGY

Thyroid check up Liver fonction Colon cancer screening

LIGHT MEAL

Tea or coffee
Pastry Orange juice
Fruit salad

CARDIOLOGY CONSULTATION

- Study of risk factors
- Electrocardiogram at rest
- Electrocardiography

Assessment of heart valves
Evaluation of the ejection fraction
Coronary birth anomaly search
Hypertrophic heart disease research
Dilated aorta search

VO2 max valuation (if necessary)

PNEUMOLOGY CONSULTATION

• Respiratory functional exploration
Estimation of smoking in international rating tear pack
Management of active smoking if necessary

RISK FACTOR ASSESSMENT

- Identify
- Evaluate
- Correct

BIOELECTRICAL IMPEDANCE ANALYSIS

• Body mass index evaluation

NUTRITION CONSULTATION

SPORT CONSULTATION FOR PROFESSIONAL

SYNTHESIS WITH CARDIOLOGIST

Health check-up Mona Lisa

Todays prevention, tomorrows health Health determinants evaluation

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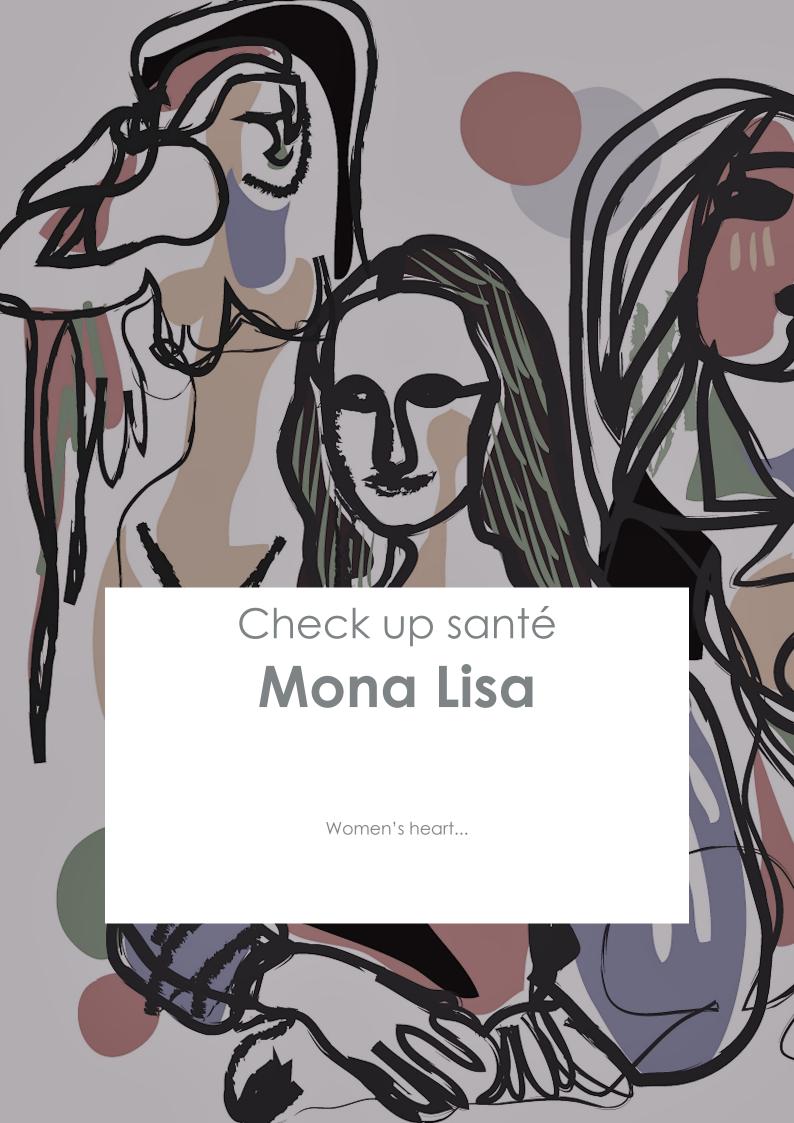
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Health check-up Mona Lisa

WELCOME

Clinique du Millénaire - Groupe Oc santé 220 Boulevard Pénélope 34000 Montpellier

BIOLOGY

Thyroid check up Liver fonction Colon cancer screening Hormonal profil

LIGHT MEAL

Tea or coffee Pastry Orange juice Fruit salad

IMAGERIE

Chest CT scan (without contrast)

If necessary

Mass screening and pulmonary nodule Screening for tobacco-related pathologies Emphysema Chronic obstructive pulmonary disease

Chronic obstructive pulmonary disease Intestinal pathology screening Appreciation of the mediastinum Abdominal and pelvic ultrasound

 Abdominal and pelvic ultrasound Liver pathology screening Pacreas, Ovaries

CARDIOLOGY CONSULTATION

- Study of risk factors
- Electrocardiogram at rest
- Electrocardiography

Assessment of heart values
Evaluation of the ejection fraction
Coronary birth anomaly search
Hypertrophic heart disease research
Dilated aorta search

Stress test

If necessary

According to personnel and family risk factors

PNEUMOLOGY CONSULTATION

- If smoking
- Respiratory functional exploration

Estimation of smoking in international rating tear pack Management of active smoking if necessary

GASTRO-ENTEROLOGY CONSULTATION

If necessary

OPHTALMOLOGIC EXAMINATION

Eye blood pressure Visual acuity measurement Slit lamp examination Dilated fundus examination

VACCINATION CHECK

RISK FACTOR ASSESSMENT

- Identify
- Evaluate
- Correct

BIOELECTRICAL IMPEDANCE ANALYSIS

• Body mass index evaluation

STRESS EVALUATION

- · Identify stress factors and quantify their cumulated levels
- Evaluate resistance factors of stress effects

Sleep

Alimentation

Cardiac capacity

Psychology and behavior

• Evaluate their impact on health

OBSTETRICAL CONSULTATION

- Risk evaluation
- Personnel and familial history
- Cervical screening
- HPV testing
- Menopause management
- Contraceptive recommandations

WOMEN MEDICAL IMAGERY CENTER (IMACAM)

• Digital tomosynthesis mammography

Over 50yo, except in early screening indications

- Breast ultrasound (if indicated)
- Quantitative computed tomography (QCT) (over 50yo)

Option

BREAST CANCER EVALUATION Clinique Clémentville (Montpellier)

- dedicated medical specialists
- 2nd clinic in France for breast surgery (Le Point 2018)
- 1 400 days in 2018, of which 600 ambulatory
- Molecular biology on site (Imagénome, Labobus)
- Oncogenetics consultation (Pascal PUJOL, M.D, PhD) with gene risk evaluation for BRC A1 and BRC a2
- Specific accompanying of patients before, during and after the stay with the MIS (Montpellier Institut du Sein)
- Facilitating care path with the presence of all medical specialties on site, able to intervene at any moment

INTERNAL MEDECINE CONSULTATION

Cardiovascular risk factors evaluation (tobacco, alcohol, physical activity, eating habits)
Sleep evaluation
Lifestyle evaluation
Evaluation of previous examinations

SYNTHESIS

Health check-up Maturity

Todays prevention, tomorrows health Health determinants evaluation

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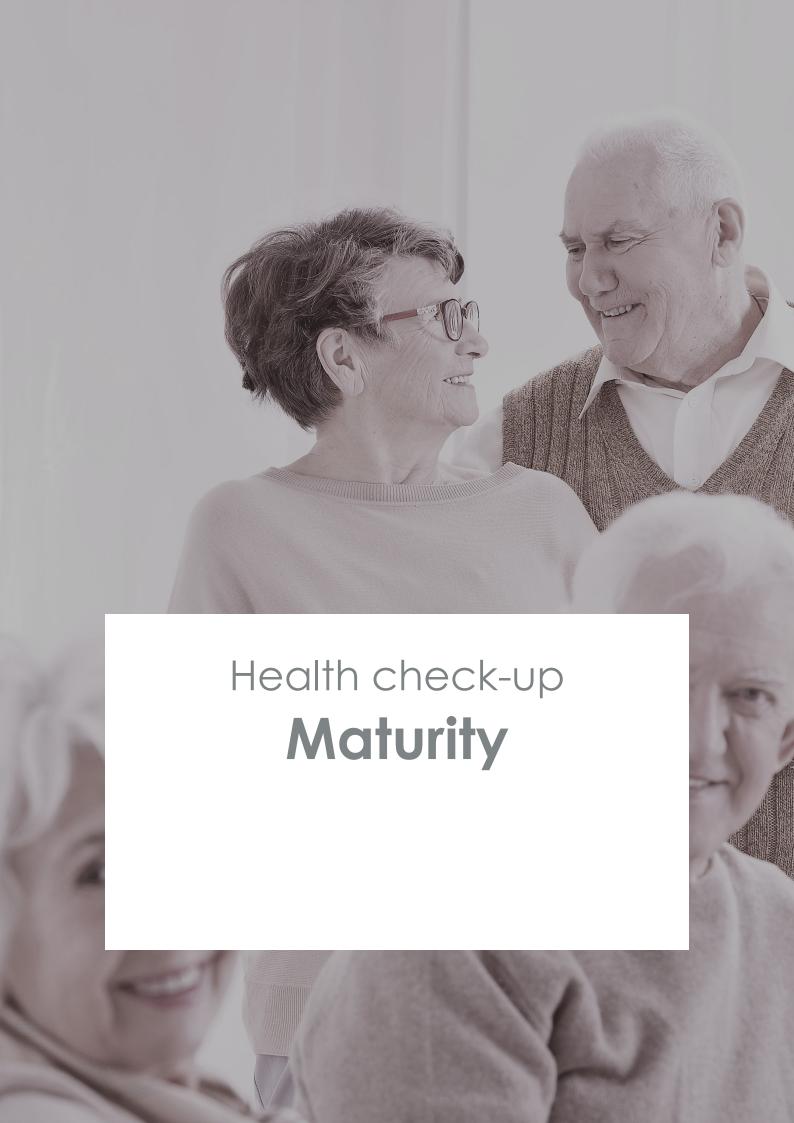
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Health check-up Maturity

WELCOME

Clinique du Millénaire - Groupe Oc santé 220 Boulevard Pénélope 34000 Montpellier

BIOLOGY

Thyroid check up Liver fonction Colon cancer screening

LIGHT MEAL

Tea or coffee Pastry Orange juice Fruit salad

IMAGERY

Contrast body CT scan

Head

Thorax

Abdominal and pelvic

Bone structure

Cardiac (depending on existing pathology)

- Aorta measurement (aneurysm screening)
- Quantitative computed tomography (QCT) for women

CARDIOLOGY CONSULTATION

- Study of risk factors
- Electrocardiogram at rest
- Electrocardiography

Assessment of heart values Evaluation of the ejection fraction Coronary birth anomaly search Hypertrophic heart disease research Dilated aorta search

PNEUMOLOGY CONSULTATION

Chronic obstructive pulmonary disease

GASTRO ENTEROLOGY CONSULTATION

If necessary

OPHTALMOLOGIC EXAMINATION

Eye blood pressure
Visual acuity measurement
Slit lamp examination
Dilated fundus examination
Optical coherence tomography (OCT)

BIOELECTRICAL IMPEDANCE ANALYSIS

• Body mass index evaluation

ORL CONSULTATION

Audiometry

Auditive acuity measurement

ULTRASOUND DOPPLER OF NECK VESSELS

Carotid system evaluation
Basilar system evaluation
B-flow mode (General Electric GE Logic E9 exclusivity)

INTERNAL MEDECINE CONSULTATION

Cardiovascular risk factors evaluation (tobacco, alcohol, physical activity, eating habits)
Sleep evaluation
Lifestyle evaluation
Evaluation of previous examinations

SYNTHESIS

Health check-up Manager

Todays prevention, tomorrows health Health determinants evaluation

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Health check-up Manager

Manager Check-up is a personalized care, suited for your health profile and non systematic 2 possibilities:

- Arrival at 4pm end at 8pm the next day or
- Arrival before 10am end at 2pm the next day
- Coordination team privatization
- Possibility to come from Paris with a private driver (in addition) Arrival in Montpellier
- Pick-up and support by a private driver and coordination assistant
- Night at the Domaine de Verchant (5 star hotel, Relais et Châteaux, Breakfast) included
- Accompanying persons support with a private driver for down-town visit, museum, Camargue (in addition)
- Extension post check-up to Les Baux de Provence, Oustau de Baumanière (in addition)
- Rapatriation to Paris, Monaco, London... (in addition)
- Agreement with business aviation Net Jet or Vista Jet (in addition)

WELCOME

Clinique du Millénaire - Groupe Oc santé 220 Boulevard Pénélope 34000 Montpellier

BIOLOGY

Thyroid check up Liver fonction Colon cancer screening

LIGHT MEAL

Tea or coffee Pastry Orange juice Fruit salad

CARDIOLOGY CONSULTATION

- Study of risk factors
- Electrocardiogram at rest
- Electrocardiography

Assessment of heart values
Evaluation of the ejection fraction
Coronary birth anomaly search
Hypertrophic heart disease research
Dilated aorta search

ULTRASOUND DOPPLER OF NECK VESSELS

Carotid system evaluation
Basilar system evaluation
B-flow mode (General Electric GE Logic E9 exclusivity)
Vascular risk evaluation for travelers
Thyroid examination

ULTRASOUND DOPPLER OF LEG VESSELS

Atheroma search

Risk factors, tobacco, diabetes

PNEUMOLOGY CONSULTATION

Respiratory functional exploration
 Estimation of smoking in international rating tear pack
 Pulmonary pathology searching
 Sleep apnea risk

GASTRO-ENTEROLOGY CONSULTATION

UROLOGY CONSULTATION

OPHTALMOLOGIC EXAMINATION

Eye blood pressure
Visual acuity measurement
Slit lamp examination
Dilated fundus examination
Optical coherence tomography (OCT)

BIOELECTRICAL IMPEDANCE ANALYSIS

• Body mass index evaluation

STRESS EVALUATION

- Identify stress factors and quantify their cumulated levels
- Evaluate resistance factors of stress effects

Sleep

Alimentation

Cardiac capacity

Psychology and behavior

• Evaluate their impact on health

OSTEO-ARTICULAR CONSULTATION

DENTAL CHECK-UP

If necessary

INTERNAL MEDECINE CONSULTATION

Cardiovascular risk factors evaluation (tobacco, alcohol, physical activity, eating habits) Sleep evaluation
Lifestyle evaluation
Evaluation of previous examinations

SYNTHESIS

Health check-up Senior

Todays prevention, tomorrows health

Health determinants evaluation

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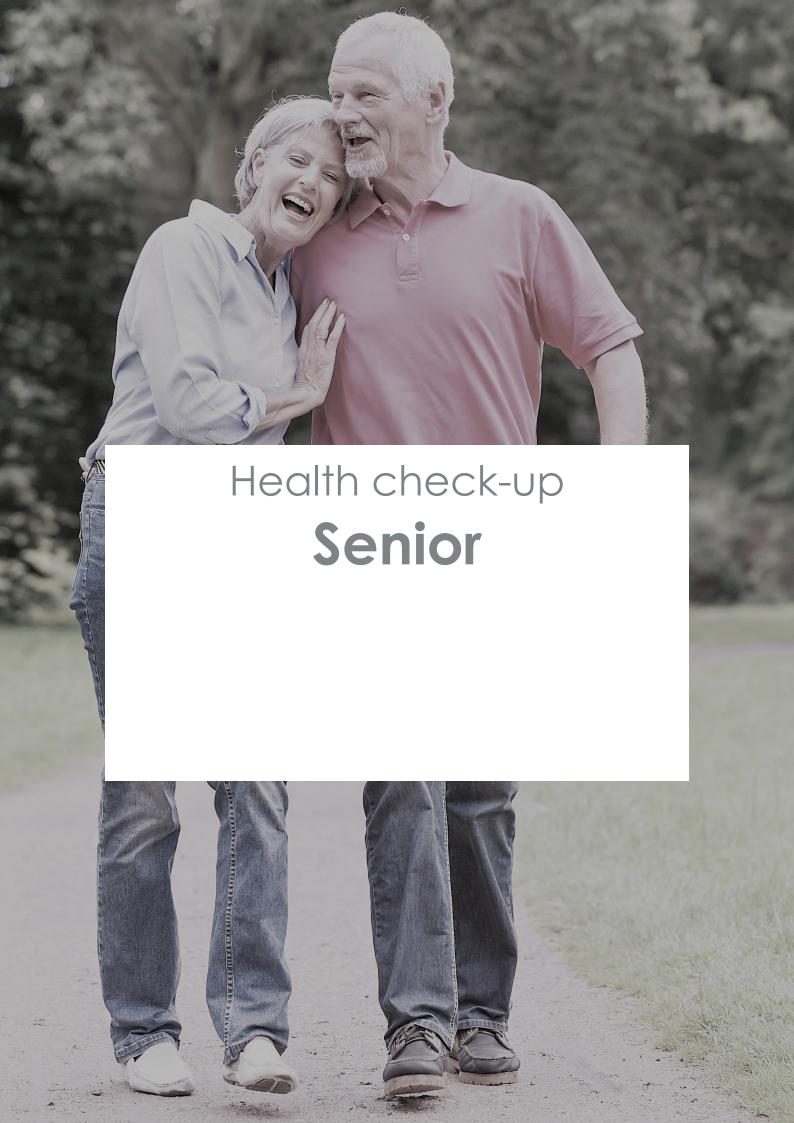
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Health check-up

Senior

WELCOME

Clinique du Millénaire - Groupe Oc santé 220 Boulevard Pénélope 34000 Montpellier

BIOLOGY

Thyroid check up Liver fonction Colon cancer screening

LIGHT MEAL

Tea or coffee
Pastry - Orange juice
Fruit salad

IMAGERY

Contrast body CT scan

Head

Thorax

Abdominal and pelvic

Bone structure

Cardiac (depending on existing pathology)

Aorta measurement (aneurysm screening)

• Quantitative computed tomography (QCT) for women

CARDIOLOGY CONSULTATION

- Study of risk factors
- Electrocardiogram at rest
- Electrocardiography

Assessment of heart values
Evaluation of the ejection fraction
Coronary birth anomaly search
Hypertrophic heart disease research
Dilated aorta search

PNEUMOLOGY CONSULTATION

Chronic obstructive pulmonary disease Emphysema search

GASTRO-ENTEROLOGY CONSULTATION

If necessary

OPHTALMOLOGIC CONSULTATION

Eye blood pressure
Visual acuity measurement
Slit lamp examination
Dilated fundus examination

DENTAL EXAMINATION

If indicated

SOCIAL ASSISTANT CONSULTATION

SPEECH-THERAPIST CONSULTATION

Swallowing dysfunction Cognitive impairment

DIETICIAN CONSULTATION

Signs of malnutrition

BIOELECTRICAL IMPEDANCE ANALYSIS

Body mass index evaluation

OCCUPATIONAL THERAPIST CONSULTATION

Home support Handicap adapted environment

ORL CONSULTATION

Audiometry

Auditive acuity measurement

ULTRASOUND DOPPLER OF NECK VESSELS

Carotid system evaluation
Basilar system evaluation
B-flow mode (General Electric GE Logic E9 exclusivity)
Vascular risk evaluation for travelers

INTERNAL MEDECINE CONSULTATION

Cardiovascular risk factors evaluation (tobacco, alcohol, physical activity, eating habits)
Sleep evaluation
Lifestyle evaluation
Evaluation of previous examinations

SYNTHESIS



Ruth Nevesny, M.D, Chairwoman Gnosis santé

Clinique du Millénaire, 220 Boulevard Pénélope, 34960 Montpellier

> Tél.: +33 6 16 02 71 11 +33 6 80 31 25 21

mail: gnosis.medical@gmail.com

www.gnosis-sante.com

Experts in service to your health. Ruth Nevesny, M.D. Chairwoman Gnosis santé

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